



Rylstone-Kandos district newsletter

Community Capers

August issue, 2015
Volume 206

Welcome to the August issue of Community Capers, volume 206. Our September issue will be folded and distributed on Thursday, August 27. The deadline for this issue is Friday, August 14. News items, events, dates for the calendar etc. are inserted free. Send them to the editor, Brent Barlow, 38 Mudgee Street, Rylstone, NSW 2849 or phone Brent on 6379 1020. For details and prices on advertising, sponsorship etc., contact Brian Neaves on 6379 4092.

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The Aboriginal travelling stories exhibition opens in Kandos

An estimated crowd of 160 plus people attended the official opening of the Dabee – Mudgee Travelling Stories Exhibition at the Kandos Returned Services Community Club, with visitors travelling from as far as Queensland and Victoria for the event. The exhibition is the first major interpretive museum exhibition of indigenous culture and history in this region documenting activities of individuals and events relating to the Wiradjuri and Dabee – Mudgee people in the Central Western Region. It consists of 10 demountable panels of photographs, text and objects including Jimmy and Peggy Lambert, the last apical ancestors of the Dabee people from the Rylstone-Kandos area and Dianna Mudgee, one of the last identified traditional Aboriginal women in the Mudgee area.

Many of the panels traced local family's relationships to these historical figures and they captured the hearts and minds of all those who attended, with some of the viewers acknowledging their aboriginal ancestry for the first and expressing their willingness to talk about family connections as they inspected the 10 panels containing fascinating family information. During the official opening Colin Jones acknowledged funding from Moolarben Coal and the Department of Environment and Heritage who both contributed \$12,000 each making the travelling exhibition possible. Mr Jones also paid tribute to Lyn Syme who helped him enormously in putting the exhibition together.

"We have been very well supported with a supply of information, in fact we've got enough left to write a book. This exhibition is unique and is the only one I know of in the Western Region." He said the exhibition will remain in Kandos for some time yet and will

then be re-located to another area. "We're actually looking for funding to take this travelling exhibition throughout Australia. It packs up onto a trailer and is relatively easy to move around," he said.

In officially opening the exhibition, Djon Mundine OAM said he was incredibly impressed with the number of people at the opening. "All aboriginal stories are all your stories too. The connection between victim and perpetrator for instance is real and eternal." He added that all things to do with visual and performing art are to make life more enjoyable. "We want to do more than survive. We want to enjoy," he said.

The exhibition will remain in Kandos for some weeks and will then be available to museums, schools and other spaces.

It can be booked though Lyn Syme from the North East Wiradjuri Co on 0425 332 434, email lynsyme@bigpond.com or mail to PO Box 29, Kandos NSW 2848.



PROUD MOMENT: Lyn Syme and Colin Jones with one of the fascinating items in the exhibition - a facsimile of the breastplate that was given to Jimmy Lambert for his contribution to the Rylstone Cudgegong community in the 19th century.

Rylstone Health Council needs you

Rylstone Health Council is currently looking for new members. Tracy Clarke, Health Council Chair said the Council is represented by community members of Rylstone, Kandos and outlying areas who are committed to working with the Health Service to advocate for the community and their health needs in planning and provision of health services.

"NSW faces major challenges in delivering health care. This has come about from changes in demography and disease patterns as the population ages and the burden of chronic illness grows. We have also seen increasing costs of medical advances and the need to ensure that there are comprehensive, efficient and transparent processes for assessing health technologies. Because of problems with health workforce supply and distribution, and to ensure the safe delivery of quality health services, it's important that our community's needs are well represented in health planning," she said. The Health Council's activities include talking to people in the

community to investigate local issues that may affect health, looking at local issues that influence health, bringing them to the attention of the Health Service and promoting local action on issues that are important to the community.

"We currently have vacancies and would like to encourage representatives of young and working age, young parents, indigenous community members, carers and those with special needs to consider becoming a Health Councillor. Participation is a way for local people to have a voice in bringing the community's health needs to the Health Services attention. It is also invaluable to gain a perspective that draws on others life experience and opinion".

Application forms and further enquiries are available by contacting Tracy Clarke at Rylstone HealthOne on 6357 8150 or Margo Gibbons, Health Service Manager on 6357 8111.

Capers info

Community Capers is published by Kandos Rylstone Community Radio Inc. (KRR) at PO Box 99, Kandos NSW 2848. Funding has also been provided by the Mid-Western Regional Council and we acknowledge their support. Thank-you also to businesses and individuals across the region who have placed advertising or sponsored pages. Our publication could not continue without your support. Thank you everyone. Community Capers is a publication where community groups and other organisations can list

their meeting times, events, dates and venues. Please send all information to the editor, Brent Barlow, 38 Mudgee Street, Rylstone, NSW 2849, or email him at brenbar@winsoft.net.au or phone him on 6379 1020. If meeting times or dates etc. change, please contact Brent as soon as possible with corrections. Advertising space is limited but we do require advertising support to fund our newsletter. Usually it's on a "first in, best dressed" basis. If you wish to advertise or sponsor a page, please contact Brian Neaves on 6379 4092.

Rotary's Changeover Dinner

The Rotary Club of Rylstone Kandos held its 66th Changeover Dinner on Tuesday, June 23 at the Rylstone Club. President Klaus Keck was elected for a second term and brings another strong team with him on the board for 2015/2016 including vice-president and president-elect Elizabeth McKay. Mr Keck outlined Rotary's considerable achievements during the last 12 months in his President's Report, which included the installation of picnic tables and shelters in the riverside park at the northern entrance to Rylstone at a cost of \$10,000, the sponsorship of the Wollemi children's art workshops and donations to many community groups, schools and shelter boxes. Rotary also attended the Rylstone markets each month with their barbecue and enjoyed a visit from the German group study team who were very impressed by local excursions to Dunns Swamp and Fern Tree Gully.

During the evening, new Rylstone resident Mandy Barker was inducted into Rotary by Past District Governor Don Stephens who also presented prestigious Paul Harris Fellowships to Gary Oakes and David Fuller. Rounding off an enjoyable evening, Danish exchange student Kristine Pedersen said farewell to Rotary members and guests and gave a big thank you to her three sets of host parents, Ross and Tina Lomax, David and Helen Fuller and Ron and Sarah Lodewijks. Her PowerPoint presentation on her stay in Australia was very interesting and gave a wonderful insight into the maturity and sense of fun and adventure of this young student.

This year's Changeover Dinner was catered for by the Lue Public School P&C who received a round of applause for their delicious meal and great service.



FAREWELL: Danish exchange student Kristine Pedersen (centre) with her close school friends Nikita Marshall and Claudia Fuller saying goodbye at Rotary's Changeover Dinner.

Debutante Ball success

The annual debutante ball held at the Rylstone Memorial Hall was a huge success thanks to a hard working committee, community and a tremendous group of debutantes, partners, flowergirls, pageboys and parents. This year the committee invited Ilford and Kandos Public Schools to be the guests of honour and on the Friday night seven beautiful young debutantes were presented to Ian Stewart, principal of Ilford Public School. The Matron of Honour was Felicity Cresswell who has worked in the office at the school for many years.

The debutantes and partners were Melanie Waterton and Connor Boyton, Tegan Jones and James Paddon, Grace Murphy and Reece Oldfield, Kaesan Wilson and Ayden Howland, Mikayla Wilkinson and Lachlan Parsons, Tayla Norris and Guy Hammond, Katrina Campbell and Joel Robinson. Flowergirls and pageboys were Teegan Reynolds partnered by Jayman Spina and Haylee Besant partnered by Charlie Spina. The hall was again beautifully decorated. Special thanks to Ron, Sarah and Josh Lodewijks for their efforts in getting the roof design up again this year. Friday's colour theme was pink and purple with the debutantes' bouquets a most gorgeous fuchsia pink rose.

On Saturday night six elegant debutantes were presented to Tod Morley, principal of Kandos Public School. The Matron of Honour was Justine Radziewicz, assistant principal at the school. The debutantes and partners were Bridget Baskerville and Jasper Rovella, Alana Ross and Kieran Stokes, Kristine Pedersen and Jayden Taylor, Cathrine Jenik and Connor Boyton, Katelyn Franks and Josh Little, Melissa Keeley and Zac Maude. Flowergirls and pageboys for Saturday were Jessica Gallaher partnered by Thomas Tito and Aleisha Brennan partnered by Jarvis McCouat. The hall was transformed for the Saturday night with elegant red the choice of colour. Beautiful red roses were carried by the girls.

The committee of Christine Reeves, Alison Loble and Leanne Neilsen would like to thank everyone who made the two nights a success. Organisers are looking forward to the next one in 2016 and are keen to hear from any young ladies who would like to be involved in the old tradition of a Debutante Ball.

Meals on Wheels

Rylstone Kandos District Meals on Wheels (RKMOW) supplies frozen meals to anyone who is frail, aged or a younger person with a disability and their Carers. You can contact RKMOW on 6379 1519 or call into the office at HealthOne Ilford Road, Rylstone. Office hours are Monday to Thursday - 9am to 4pm and Friday - 9am to 1pm.

Fly a flag for Pirate Festival

The Buccaneers Bash with Jon English on Saturday evening September 19 is shaping up to be a fabulous night with visitors coming from North Sydney, Cronulla, the Hurstville area, Lemon Tree Passage, Portland, and elsewhere. Sue and Mary from Kandos Events are now asking locals to decorate their front gardens for the pirate festival so they can include the whole of Kandos in the event. "We already have half dozen or so people who have committed to do something. The idea of our events is to foster and promote tourism for Kandos and surrounds and we thought this would really value add to the event. So I guess the call is to anyone who would like to fly a pirate flag, create a display large or small (the larger the better) and help us make this an outstanding event for our town." Attention is now focussed on the Pirate Festival which will held during the day on The Green near the Kandos Railway Station. Kandos Events has just confirmed that joining the youth circus Zany Yare will be Swordplay who will perform at the festival. They will bring swordsmen and do a pirate themed swordfight - a first for Kandos.

Fun winter workshops

Amazing artworks were created by 65 young participants during the recent Winter Holiday Art Workshops organized by the Wollemi Children's Creative Arts Committee. Talented presenters Aleshia Lonsdale and Toni Behrens of Mudgee and Georgina Pollard and Lorraine Keating of Rylstone introduced the children to some unique art processes such as drawing with charcoal and inks, screen printing, aboriginal weaving and cookie sculpture and decorating. The feature of this year's workshops was the friendly and fun atmosphere in which the participants were able to express their imagination to produce their own personal artwork.

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Snow as far as the eye could see

Kandos woke on a Friday morning in mid-July to see snow above the town on Mt Cumbermelon (Baldy) topping off one of the coldest weeks in the district for many years. A quick glance around the town revealed more snow on other hilltops as well. From higher ground it became obvious just how much snow had fallen during the night. A white line of snow continued for many kilometres along the Nullo Mountain plateau to the north and covered the top of Wheelbarrow Mountain on Cox's Creek Road. To the south, the hills around Ilford and Mount Vincent were covered in white and Bocoble to the south west was also white. The biggest expanse of snow could be seen in the distance towards Lithgow in the Mount Lambie area. According to the weather bureau the coldest period of the year is now behind us and it is highly unlikely that we will experience weather like this again for the rest of the year.



PICTURE POSTCARD: Baldy looked beautiful according to most residents who don't get a chance to see snow that often.

Regent Honeyeater tree planting

The Capertee Valley Regent Honeyeater Recovery Project has issued a big thank you to everyone who helped to make the May tree planting such a success. A larger than normal number of trees and shrubs that will augment valuable existing remnant habitat were planted on the site during that weekend. The next planting will be on Saturday and Sunday, August 15 and 16, and on the Sunday the annual August Regent Honeyeater surveys will be conducted and volunteers are needed to help with these. On Friday, August 14 the group will be laying out the plants and tree guards in preparation for the following day and as usual, they will be seeking the assistance of any volunteers who may be available on that day. The August planting site is on Myalla Road, near Glen Alice and it is flat, which should make life easy for all concerned. Further details and a registration form will be emailed to previous participants. If you have any queries or would like to register your interest in attending, please contact Wendy Fox (who has taken over the job previously done by Pixie Maloney) at the BirdLife Sydney office by email (southernnsw@birdlife.org.au), phone 9647 1033 or fax 9647 2030.

Jemma in NSW squash team

At 11 years of age Rylstone Public School student Jemma Besant has been selected to represent NSW at this year's Australian Junior Squash Championships in Cairns. Jemma was runner up in the state titles held at Thornleigh, Sydney in the under 13 girls' competition to gain her Australian place. The championships in Cairns will be held from September 26 to October 4 with the first week dedicated for individuals to decide their Australian rankings and the second week for teams who will play all the other states.

Jemma will play for the NSW Blue Tongues and because of her age of just 11 still has at least another year up her sleeve in the under 13 category.

Museum music night success

The music night at the Kandos Museum was appreciated by music lovers who came along to support the museum fundraiser and hear the original music of folk guitarist and songwriter Matt Williamson and his trio. The evening also gave the Kandos High School hospitality group under the guidance of teacher July Parsons the opportunity to prepare and serve food to the large audience. The students performed their task very well and received plenty of compliments for the quality of the finger food and the amiable way they presented it. Buzz Sanderson from the museum committee said they were happy with the turnout and they hope it will be the first of many other music events at the museum.

"A big thank you to Matt and his trio. His music was unique and the event brought him back to Kandos where he was born. A big thank you also to Kandos High School for their support along with Beaurepaire Wines, our local winery. I think most people were happy with how the venue shaped up. We presented the performers "in the round" which added a more intimate feeling to the night. It's a nice space and it lends itself to these sorts of events."



STUDY BREAK CAFE Lincoln Pennell and Corey Lane from the Kandos High School Hospitality group.

Annual General Meetings

RYLSTONE & DISTRICT HISTORICAL SOCIETY INC will hold its Annual General Meeting on Saturday, August 22 at 2pm in the Bridge View Inn dining room, 28-30 Louee Street, Rylstone. New members are always welcome. Afternoon tea will be available at the conclusion of the General Meeting which will immediately follow the AGM. For general enquiries please email rylstonehistory@westnet.com.au.

BOGEE RURAL FIRE BRIGADE'S Annual General Meeting is on Sunday, August 23 at the Bogee Fire Shed at 10.30am. New and old members are invited to the AGM followed by a barbecue lunch.

THE RYLSTONE CPSA is holding its AGM at the Rylstone Club on Wednesday, August 26 at 11am. New members are always welcome.

KANDOS COMMUNITY RADIO'S (KRR 98.7FM) Annual General Meeting is on at 7.30pm on Wednesday, August 26 at the station meeting room 50 Angus Avenue, Kandos. New members are always welcome.

Wrap with Love

Wrap With Love coordinates the making, collection and distribution of single bed sized wraps and blankets to keep people warm. The wraps are constructed by joining 28 knitted or crocheted squares measuring 25cm x 25cm (10" x 10") each. Last year, 106 wraps were sent to Sydney from our area for distribution - a fabulous response from the wonderful local knitters and crochet enthusiasts. Drop-off points this year include local libraries at Mudgee, Gulgong and Kandos. For Rylstone residents, the new wool shop - The Convent and Chapel, located at the Bridge View Inn will collect wraps and squares and also provide a place to sit and knit and natter. The Community Charity Shop in Kandos is also a drop off point. The charity shop also has a supply of crafting materials for new WWL crafters. If you are unable to make it to town to drop off your squares or wraps you can contact Jo Williams by phoning 0427 512 719 and she'll organise a pick up. Instructions can be also found by googling Wrap With Love.

Become a member of KRR

New members are always welcome at Kandos Rylstone Community Radio (KRR 98.7FM) and there are some spots available for on-air shows. If you're interested in becoming a presenter, it's easier than you think. Training is available and it won't take you long to master the panel and other equipment. If you have a particular type of music you'd like to play on-air or ideas for a show, get in touch with any member or committee member, or call into the station and pick up a membership form. Membership is only \$20 for adults and \$10 for juniors and pensioners and that includes two free barbecues a year. Age is no limit and experience is not necessary. It's a great way to meet a group of friendly people and do something positive for your community. Call the station on 6379 4360 for more information.

Join Twin Town Players

The Twin Town Players Amateur Theatrical Group is always looking for new members. Their next show will be a musical production in October and if you don't want to be on stage why not join the backstage crew behind the scenes. They help make props, paint, sew, help with lighting and have lots of fun. Come along to a meeting and have a chat with the crew about how you can help. They're held at 6pm every second Tuesday of the month at the Rescue Squad's shed, next to the Rylstone Club. For more information, phone Deon 0419 129 024, email twintownplayers@yahoo.com.au or message them on Facebook.

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Calendar of Events - August 2015

Sun	Mon	Tue	Wed	Thur	Fri	Sat
30 One Life Family Church services, 10am every 1st, 3rd and 5th Sunday at the corner of Noyes and Dunn Streets, Kandos	31 Scouts meet at 6pm on Mondays at Kandos Scout Hall, Cubs meet at 4.30pm.	Rotary meets every Tuesday at the Rylstone Club, 6.30 for 7pm.	The Craft Group meets at 10am each Wednesday at the VRA shed, Rylstone.			1 Kandos Museum is open every Saturday, Sunday and Thursday from 10am to 4pm.
2 Kids and Carers Kite Day at the Kandos Sportsground.	3	4 Mobile Blood Service visiting Kandos. Phone 13 14 95 for an appointment.	5 RKB&T meet at 5.30pm. R/K VRA Rescue Squad meeting at 7.30pm.	6 Rylstone Rural Fire Brigade meeting at 7.30pm.	7 Rylstone CWA meeting at 10am.	8 Rylstone Artisan and Producer Market
9 Cottage Museum, Rylstone open every Sunday from 10am to 3pm.	10	11	12 Kandos RSL Sub Branch meeting. Ryl. Hospital Auxiliary Meeting.	13 Kandos CPSA meeting on 2nd Thursday of the month, 2pm at the Kandos Ret. Serv. Comm. Club	14 Storytime for kids, 10am to 11am Fridays at Kandos Library.	15 Next Kandos Markets in September
16 Uniting Church holds services at Rylstone at 9.30am every Sunday and the Sharing Shed, 4th Saturday of each month at 5pm.	17	18	19 Messy Church.	20 Ladies Tennis, 9am Thursdays at Henbury Sport & Rec. Club.	21	22
23 Alcoholics Anonymous meets Sundays, 6.30pm at the Anglican Church Hall, Kandos. Phone Noel on 6379 4451. Al-Anon contact number: Pam at 6379 4613.	24 KRR Broadcasting on 98.7FM	25 Kandos CWA meeting at 2pm. Rylstone-Kandos Street Machine Club meeting at 7.30pm.	26 Community Radio Station AGM, 7.30pm at KRR studios Kandos. *Ryl. CPSA AGM meeting 11am at the Rylstone Club.	27 Scrabble on 1st, 3rd and 5th Thursday of each month from 10am to 1pm at the Rylstone Club	28 KRR Broadcasting on 98.7FM	29 Cudgegong Country Ball

Dates for the Diary

September 4 to 11...Stitches in Time Exhibition, September 19...Kandos Pirate Festival and Buccaneer's Bash, October 29 to November 8...Rylstone Sculpture's Wood Symposium, November 7...Rylstone Street Feast.

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Rylstone market day

The next Rylstone Artisan and Producer's Market is on Saturday, July 13. Come along, pick up a bargain or two and enjoy the atmosphere at the Rylstone Memorial Hall from 9am to 1.30pm. There'll be lots of stalls, food and drinks. To join the association or to have a stall at the market, please phone the secretary, Marilyn Mosher on 6 3 7 9 0 8 4 9 or email rylstonemarkets@hotmail.com.

Kandos Pirate Festival

Tickets for the Kandos Buccaneers Bash with Jon English on Saturday evening, September 19 are going fast. With only 20 or so left it's time to act quickly if you are hoping to go along to this unique show. They're available at Down the Track Café at the Kandos Railway Station. Call in for more information on the unique celebration of Talk Like a Pirate Day including the fabulous Pirate Festival on the Green during the day.

Mindfulness Meditation

A six weeks Mindfulness Meditation course, commences on Tuesday, August 4, at the CWA Hall, Kandos from 6pm to 6.45 pm by donation. Mindfulness reduces stress, boosts positivity and creativity, increases performance and builds resilience. Contact Alison on 6379 7372 or info@flourishretreat.com.au or just pop in.

Lung function test

HealthOne Rylstone will be conducting a Spirometry Clinic for adults from August 4 to 6. Spirometry is a free, non-invasive lung function test. Appointments are necessary, please phone HealthOne on 6357 8150.

Messy Church

The next Messy Church will be held at St James Hall, Rylstone on Wednesday, August 19 from 5pm to 7pm. Come along for craft activities, games, food and a whole lot more. It's for the whole family and a gold coin donation per person covers snacks and dinner. For enquiries, phone 6379 1049 or email wollemianglican@bigpond.com.

Pilates classes

Pilates classes are held in Rylstone at St James Anglican Church Hall, Mudgee Street on Monday evenings from 6pm to 7pm. Classes are suitable for all ages and fitness levels and work at strengthening all the stabilising muscles of the body. Cost is \$10, bring a mat if you have one. Contact Alison on 6379 7372 or just drop in. Beginners classes are also held on Wednesdays from 9.30am.

Gardens Fair

The CWA Kandos Gardens Fair 'Successful Gardening in a Harsh Environment' will be held on Saturday and Sunday, April 2 and 3, 2016. The event will include a garden-themed market in Kandos (stallholders welcome), a garden art trail, guest speakers, demonstrations and open gardens in and around Kandos and Rylstone. Perhaps you have you have a garden to view? To help, enquire or apply email kandosgardens@gmail.com or phone 0417 029 457. For more information check out the website at www.kandosgardensfair.com.

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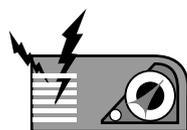
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